

Reference Guide to support the Labelling of Competitions

August 2022



Typical Age Group Reference	Likely Minimum Age	Who is this competition aimed at?	Who else can play (where applicable having regard to the Regulation)	How would this competition be correctly and clearly labelled?	Gender Regulation References
NetSetGo	5-10	Mixed	Females and males – no restriction	NetSetGo – Ages 5-10 Mixed (Females & Males) – no restrictions	Regulation – 3a.
11&U	9	Mixed	Females and males – no restriction	11&U Mixed (Females & males) – no restriction	Regulation – 3a.
13&U	11	Female	Males 13/U as at the first day of the competition or season may participate	13&U Female (Males 13/U as at the first day of competition or season may participate)	Regulation – 1a. & 1b.
		Male	Females may participate	13&U Male (Females may participate)	Not in the Regulation – included in sample bylaws as a suggestion.
		Mixed	Females and males – no restriction	13&U Mixed (Females and males – no restrictions)	Regulation – 3a.
15&U	12	Female	Males 13/U as at the first day of the competition or season may participate	15&U Female (Males 13/U as at the first day of competition or season may participate)	Regulation – 1a. & 1b.
		Male	Females may participate	15&U Male (Females may participate)	No in the Regulation – included in sample bylaws as a suggestion
		Mixed	Females and males – restrictions apply	15&U Mixed (Females & males – restrictions apply)	Regulation – 4a., b., c.
17&U	15	Female	Not applicable	17&U Female	Regulation 1.
		Male	Not applicable	17&U Male	-
		Mixed	Females and males – restrictions apply	17&U Mixed (Females & males – restrictions apply)	Regulation 4a., b., c.
Open	15	Female	Not applicable	Open Female	Regulation 1.
		Male	Not applicable	Open Male	-
		Mixed	Females and males – restrictions apply	Open Mixed (Females & males – restrictions apply)	Regulation – 4a., b., c.