



SENIORS (18+) Competition

Item	Guideline
Age	Minimum age 18 years (exceptions provided from 15 years)
Inclusivity	Female only
Duration	4 x 10 minute quarters. 1 min break at ¼ and ¾ time. 2 min ½ time break
Ball Size	Size 5
Fixture	From 6pm on Tuesday evenings at Wurdi Baierr Stadium
Scoring	All games scored (scoreboard and live scoring)
Teams	Minimum of 5 teams required per division per season
Grading	Only with 10 or more teams
Registration	Players must have current VNA insurance and be registered to SCNA
Coach	No coach required but all teams must have a nominated team manager
Fill-ins	Must have VNA and purchase Single Game Voucher (\$5) Fill-ins can be borrowed from other registered SCNA Senior teams without restriction.
Finals	Finals in last two weeks of season (Semi Final 1 v 4 and 2 v 3)
Eligibility	Minimum of 5 games with one team during season to be eligible for finals
Priority	Sportsmanship, socialising, strengthening SCNA community

Integrity RESPECT Responsibility FAIRNESS Safety